

# Coming Home: A Memoir by Brooke Walters

In her powerful and moving memoir, *Coming Home*, Brooke Walters shares her journey of overcoming addiction and finding her way back to herself. This book is an inspiring story of hope, resilience, and redemption that will resonate with anyone who has ever struggled with addiction or loss.



## Coming Home: A Memoir by Brooke Walters

★★★★☆ 4.9 out of 5

Language : English

File size : 3669 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 202 pages

Lending : Enabled



Brooke's story begins in a small town in the Midwest. She was a bright and promising young woman, but she struggled with anxiety and depression. In an attempt to self-medicate, she began drinking alcohol and using drugs. Soon, her addiction spiraled out of control, and she lost everything she held dear.

After hitting rock bottom, Brooke entered rehab. There, she began the long and difficult journey of recovery. She faced her demons head-on, and she learned how to live a sober life. With the help of her therapist, her family, and her friends, Brooke was able to rebuild her life. She went back to

school, got a job, and started a family. Today, she is a successful businesswoman and a devoted mother.

Coming Home is a story of hope and redemption. It is a reminder that no matter how far you fall, you can always find your way back home. Brooke's story is an inspiration to anyone who has ever struggled with addiction or loss. It is a testament to the power of the human spirit to overcome adversity and find healing.

If you are struggling with addiction or loss, I encourage you to read Coming Home. Brooke's story will give you hope and inspiration. It will show you that you are not alone, and that recovery is possible.

## **Reviews**

"Coming Home is a powerful and moving memoir. Brooke Walters shares her journey of overcoming addiction with honesty and courage. Her story is an inspiration to anyone who has ever struggled with addiction or loss." -

### **Publishers Weekly**

"Brooke Walters' memoir is a raw and honest account of her journey from addiction to recovery. Her story is both heartbreaking and inspiring, and it will resonate with anyone who has ever struggled with addiction or loss." -

### **Kirkus Reviews**

"Coming Home is a must-read for anyone who has ever struggled with addiction or loss. Brooke Walters' story is a powerful reminder that recovery is possible, and that hope can be found even in the darkest of times." -

## **Booklist**

## **About the Author**

Brooke Walters is a successful businesswoman and a devoted mother. She is also a recovering addict. After hitting rock bottom, Brooke entered rehab and began the long and difficult journey of recovery. Today, she is a successful businesswoman and a devoted mother. She is also a passionate advocate for addiction recovery. She speaks to groups around the country about her journey of recovery, and she is the founder of the Brooke Walters Foundation, which provides scholarships to people in recovery.

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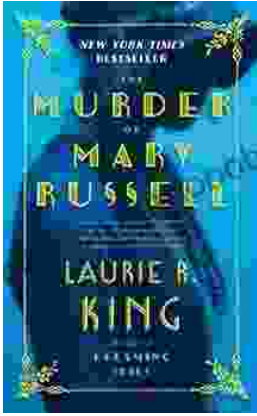


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