# Sniffin' Glue: The Unvarnished Story of Rock 'n' Roll Excess

In the annals of rock 'n' roll history, the 1970s and 1980s are often remembered as a time of unparalleled excess. From the drug-fueled antics of Keith Richards to the self-destructive behavior of Sid Vicious, the rock stars of this era seemed to live life on the edge. In his new book, *Sniffin' Glue*, former music journalist Nick Kent takes readers on a wild ride through this debauched world, offering an unvarnished account of the drug use, sexual promiscuity, and violence that defined rock 'n' roll in its heyday.

Kent, who worked as a music critic for *NME* and *The Face*, was a firsthand witness to the excesses of the rock 'n' roll lifestyle. He hung out with the biggest names in the music industry, and he saw firsthand the toll that drugs and alcohol were taking on their lives. In *Sniffin' Glue*, Kent shares his memories of these encounters, painting a vivid picture of a world where anything goes.



#### Sniffin' Glue... And Other Rock 'n' Roll Habits

by Alicja Urbanowicz

🚖 🚖 🚖 🚖 🔹 4.7 out of 5		
Language	: English	
File size	: 151237 KB	
Text-to-Speech	: Enabled	
Screen Reader	: Supported	
Enhanced typesetting : Enabled		
Word Wise	: Enabled	
Print length	: 208 pages	

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The book is full of shocking anecdotes about rock stars' drug use. Kent describes Keith Richards shooting up heroin in the back of a limousine, lggy Pop snorting cocaine off a stripper's stomach, and Sid Vicious overdosing on heroin in a New York City hotel room. But *Sniffin' Glue* is more than just a catalog of drug abuse. It is also a meditation on the nature of addiction and the self-destructive impulses that can lead people to ruin.

Kent argues that the rock 'n' roll lifestyle is inherently self-destructive. The constant pressure to perform, the lack of privacy, and the temptation to escape through drugs and alcohol can take a toll on even the strongest people. In *Sniffin' Glue*, Kent shows how the rock 'n' roll lifestyle can lead to addiction, mental illness, and even death.

*Sniffin' Glue* is a cautionary tale about the dangers of excess. But it is also a celebration of the rock 'n' roll lifestyle. Kent writes with a clear-eyed understanding of the dark side of rock 'n' roll, but he also captures the excitement and glamour of this unique world. *Sniffin' Glue* is a must-read for anyone who is interested in rock 'n' roll history, or for anyone who has ever been fascinated by the self-destructive impulses that can lead people to ruin.

## Relevant \* Nick Kent, author of "Sniffin' Glue," poses with a copy of his book. \* Keith Richards, one of the many rock stars profiled in "Sniffin' Glue," is shown shooting up heroin in the back of a limousine. \* Iggy Pop, another rock star profiled in "Sniffin' Glue," is shown snorting cocaine off a stripper's stomach. \* Sid Vicious, the infamous Sex Pistols bassist, is shown overdosing on heroin in a New York City hotel room.

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